



Toll Free: 877-325-6100  
Call: 406-656-6100

## Instructions Following Scaling & Root Planning

1. Light bleeding may occur after the procedure is completed. Any prolonged bleeding should be reported to the office.
2. Your gums may be tender following this procedure. We recommend warm saltwater rinses and ibuprofen. You may take up to 600mg of ibuprofen every 6-8 hours.
3. Your teeth may be sensitive to temperatures for a temporary period following this procedure. This sensitivity is normal. If the sensitivity doesn't subside after a few days, we recommend that you use toothpaste specially formulated for sensitive teeth such as Sensodyne®, Denquel®, or Aqua Fresh® sensitive.

### Do Not Use Any Tartar Control Toothpaste

4. It is extremely important to keep your teeth & gums as clean as possible. Prolonged plaque exposure will hinder the healing process & can cause sensitivity.
5. Follow the home care instructions as recommended by your hygienist.

If any problems or questions do arise, please feel free to call the office at **406-656-6100**

Instructions Following Scaling & Root Planning are also available on our website at [www.BrewerDentalCenter.com](http://www.BrewerDentalCenter.com).